

PARENT NIGHT AT HMS LIBRARY

TALKING ABOUT TEEN SELF-
REGULATION AND HOW TO
CO-REGULATE YOUR TEEN

PRESENTED BY:
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TOPICS TO BE REVIEWED:

- WHAT ARE "NORMAL" BEHAVIORS
- WHAT IS TEEN DYSREGULATION
- HOW SHOULD MY CHILD SELF REGULATE AND HOW DO I CO-REGULATE AS A PARENT



WEDNESDAY, MARCH 27, 2024 @ 6PM
PRESENTATION WILL BE LOCATED IN THE HMS LIBRARY

RSVP AT LINK: [HTTPS://FORMS.GLE/VBFZCRWRSRGXAQ0Y7](https://forms.gle/vBFZCRWRSRGXAQ0Y7)

CONTACT MS. BRINER FOR QUESTIONS OR CONCERNS:
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